

7 DEMENTIA WARNING SIGNS

Your Body Will Send 7 Signals That Dementia Is Coming.



DOCTOR SUGGESTS EYE EXAM BEFORE HEADING BACK TO SCHOOL

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TUESDAY, AUGUST 23, 2016 - [EDUCATION](#), [HEALTH](#), [LOCAL](#), [MEDICINE HAT](#)



Brooke Railton remembers feeling sick on her first day of grade two, but not from those back-to-school butterflies.

She was having trouble seeing what her teacher was writing on the board.

"I got headaches and I felt nauseous," she said.

"She had to go down to the health room 'cause she had this awful headache," said her mom, Brandi Simons. "And we went and picked her up and of course the first thing we talked about 'was what did you do at school today?' And it was lots of board work."

Brandi takes her daughter to have an eye exam every year and was surprised to see how much her daughter's eyes had changed over the last 12 months, who had gone from having perfect vision to needing glasses.

Optometrist Dr. Nobe Nijjar said it's important for parents to take their children for regular eye exams.

"80 per cent of learning happens through vision," he said. "So certainly when our children start school, we want them to have any advantage they can

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WEB POLL

With all the recent job losses in Medicine Hat in the energy sector, what will you and your family do to find employment

- Look for work in Medicine Hat
- Stay in Medicine Hat but look for work elsewhere
- Planning to move away from Medicine Hat

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FROM TWITTER

RT @joannelohr: A new episode of 'The Scene' is airing on @CHATtelevision! #OpenMicNight #MedHat <https://t.co/YlxQKeqJU7> 09:21:20 AM August 24, 2016 from Twitter Web Client [ReplyRetweetFavorite](#)

Kenzo is our Summer Pet Fest winner! Thank-you Animal World and Muttley Crew for sponsoring such a GREAT contest! <https://t.co/P0R4WthNUv> 09:07:52 AM August 24, 2016 from Twitter Web Client [ReplyRetweetFavorite](#)

Tonight we announce the winner of a \$400 prize pack from Animal World and Muttley Crew. Watch the CHAT Evening News at 5:30

possibly have and so the eye exam can really prepare them for that.”

Dr. Nijjar said there’s a few things parents can be on the look out for if they suspect their child is having trouble seeing what’s in front of them.

“One thing is squinting, a lot of people know about that,” Nijjar said. “But some of the less obvious signs are turning the head, so just turning one eye towards the screen or favouring one side as compared to the other. Another is fatigue, which a lot of people don’t realize.”

After her eye exam was arguably Brooke’s favourite part, picking out the perfect frames.

“It was hard cause there were so many cute ones,” she said.

“She was excited to show her friends and yeah, after she started wearing them, she didn’t realize how bad it was until she said ‘Mom! I can see everything now! it’s so much clearer!’”

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COMMUNITY FOOD CONNECTIONS AIMS TO SAVE FAMILIES MONEY ON GROCERIES

THURSDAY, AUGUST 25, 2016 - CHARITY, COMMUNITY, FARMING, FOOD, LOCAL, MEDICINE HAT, MONEY



There are at least 465 households on the brink of poverty in Medicine Hat. Unable to afford their current accommodations they are at risk of becoming homeless. Meanwhile

thousands are turning to places like the food bank for support so they have the money to make ends meet. For people on a strict budget grocery stores can be an intimidating place...more »

HEALTHWORX ADDING NEW DOCTOR TO ITS RANKS

THURSDAY, AUGUST 25, 2016 - HEALTH, LOCAL, MEDICINE HAT



HealthWORX Medical Clinic is increasing the amount of patients it can see starting next month, as a new doctor is set to join their ranks. Dr. Jani-Carlien van der Walt’s first day

will be September 19 and already the family physician has about 400 or so patients signed up, some of which are transferring from Dr. Mario Glas who’s...more »

TRUCK SNAPS POWER LINE IN REDCLIFF

THURSDAY, AUGUST 25, 2016 - ODDITY, POWER, REDCLIFF, SAFETY



Most of Redcliff suddenly lost power early Thursday evening after a flatbed truck hauling an oil tank snagged a high voltage power line, snapping a powerpole in the industrial area of

town. Officials say the driver of the truck was not injured but it was a very dangerous situation as it was an 8,000 volt line. The power outage affected most of Redcliff...more »

ANNUAL TOY RUN HOPES TO COLLECT MORE TOYS, MONEY THAN EVER

THURSDAY, AUGUST 25, 2016 - LOCAL, MEDICINE HAT



Christmas is only four months away and as families struggle to make ends meet, for many, budgeting for the holidays can be extra difficult. The annual Toy Run is hoping to collect

more toys and money than ever to help what would be a record number of families in Medicine Hat looking for help this year. The 30th annual Toy Run is...more »

TONIGHT ON CHAT

Friday 26-08-2016

8:00

THE LIQUIDATOR (PG)

8:30

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